

LONG COVID RECOVERY PROGRAM

Building **hope** for those suffering
with persistent COVID symptoms



50%

Reduced Brain
Fog

56%

No Longer
Require
Supplemental O2

62%

Improved
Shortness of
Breath

84%

Reduced
Fatigue

91%

Improved
Quality of Life

94%

Back to Normal
or Close to it

Return to Pre-Covid State

NewHeart Fitness and Health



Barry W. Ramo, MD



Robert Orchard, MD

Pulmonary Rehab COVID Recovery Program



Doctor Consultation



36 Supervised Sessions



Nutrition Consultations



Exercise Training

Refer to Pulmonary Rehab

COVID infection diagnosis w/
continuing symptoms

TO REFER: FAX: 505.830.4975 CALL: 505.881.8195
WWW.NEWHEARTNM.COM/COVID 601 LOMAS BLVD NE, ALBUQUERQUE, NM
COVERED BY MOST INSURANCES (CO-PAY MAY APPLY)